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Fish-processed products by Egyptian Women fish Retailers
Empowering Women Fish Retailers Project

Smoked Catfish fillet

"Ingredients"

Large catfish fillets
Fine salt
Vinegar
Sawdust

Fish Burger

"Ingredients"

Fish – minced
onion
garlic – finely minced
carrot
Fresh coriander
Dill and Parsley
Pepper chilli – minced
black pepper
Salt
Lemon juice
egg
bread crumbs
Mayonnaise



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Fish fingers

"Ingredients"

Fish fillet

Flour

Egg

Bread crumbs/spiced

Dried garlic

Black pepper

Cumin

Milk powder

salt

Fish Kofta

"Ingredients"

Fish fillet

Potatoes

Bread crumbs

Skimmed Milk Powder

garlic

onion

black pepper

cumin

Fresh parsley and coriander

Salt



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HAWASHI

Sandwich

Pita Bread stuffed with fish meat

"Ingredients"

minced fish meat

oil

Coriander

Parsley and dill

Hot chilli

Garlic

black pepper

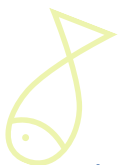
Salt

Onion

lemon

Cheese

Hot sauce



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