



**National Seminar**  
on

# FISH FOR HEALTH AND PROSPERITY



Organised by

**ICAR - CENTRAL INSTITUTE OF FISHERIES TECHNOLOGY**

Seafood is one among the most accessible and affordable food sources that meets the nutritional requirements of approximately 3.1 billion people, globally. It represents about 15.6% of animal protein supply and 5.6% of total protein supply. The uniqueness of fish protein accounts to its excellent nutritive value, high digestibility and presence of essential amino acids. In addition, it is loaded with other vital nutrients like poly unsaturated fatty acids, minerals, vitamins etc. Fish being a versatile, tasty and easy to prepare food, has wide acceptance among the global community. It offers the Nation with one of the effective approaches to address malnutrition and food security.

**2<sup>nd</sup> Week of July**

**Time: 10.00 AM – 01.00 PM**

## PROGRAMME

|          |                                   |  |
|----------|-----------------------------------|--|
| 10.00 AM | Welcome                           | <b>Dr. LEELA EDWIN</b><br>Acting Director, ICAR-CIFT   |
| 10.10 AM | Chief Guest                       | <b>Shri. SAJI CHERIAN</b><br>Minister for Fisheries, Culture and Youth Affairs, Govt of Kerala   |
| 10.25 AM | Presidential Address              | <b>Dr. J.K. JENA</b><br>Deputy Director General (FS), ICAR   |
| 10.35 AM | Guest of Honour                   | <b>Dr. CHINDI VASUDEVAPPA</b><br>Vice Chancellor, NIFTEM   |
| 10.45 AM | Vote of thanks                    | <b>Dr. T.V. SANKAR</b><br>Principal Scientist & In-Charge, PME Cell , ICAR-CIFT  |
| 11.00 AM | <b>TECHNICAL SESSION</b><br>Talks | <b>Dr. CHINDI VASUDEVAPPA</b><br>Vice Chancellor, NIFTEM<br><b>Dr. CHRISTOPHER D. GOLDEN</b><br>Assistant Professor, Harvard TH Chan School of Public Health<br><b>Dr. CHADAG V. MOHAN</b><br>Principal Scientist, WorldFish |

**CHIEF  
PATRON**

**Shri. PARSHOTTAM RUPALA**  
Minister of Fisheries, Animal Husbandry  
and Dairying

**PATRON**

**Dr. TRILOCHAN MOHAPATRA**  
Director General, ICAR & Secretary, DARE

## ORGANISER

**Dr. Leela Edwin**  
Acting Director  
ICAR-CIFT

## PROGRAMME CONVENERS

**Dr. T.V. Sankar**  
Principal Scientist & In-Charge,  
PME Cell , ICAR-CIFT

**Dr. Suseela Mathew**  
Principal Scientist and Head  
B&N Division, ICAR-CIFT

## CO-CONVENERS

**Dr. V. Chandrasekhar**  
Scientist, EIS

**Dr. Laly S.J.**  
Scientist, QAM

**Dr. Parvathy U.**  
Scientist, FP

**Dr. Tejpal C.S.**  
Scientist, B&N